

GOVT. MEDICAL COLLEGE JAMMU



**Purchase Committee**

GOVT. MEDICAL COLLEGE & ASSOCIATED HOSPITALS JAMMU

## Standard Bidding Document

Name of the Group: **Diet to Hospital Patients**

E-Tender Notice NO: **01 of 2017**

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**PURCHASE COMMITTEE**  
**GOVT. MEDICAL COLLEGE & ASSOCIATED HOSPITALS JAMMU**  
**e-tender Notice No: 01 of 2017**

For and on behalf of the Governor of Jammu & Kashmir State, e-tenders are invited from the Firms who are registered with Health & Medical Education Department of J&K State for providing **Diet to Hospital Patients in Govt. Medical College & Associated Hospitals Jammu**

S. No.	Particulars of the tenders	Cost of tender fee	Earnest Money	Date of Opening of Bid
01	<b>Diet to the Indoor patients of Govt. Medical College &amp; its Associated Hospitals Jammu</b>	<b>Rs. 750/- only</b>	<b>Rs.5.00 Lacs only</b>	<b>02-03-2017</b>  <b>at 1100 hrs.</b>

1. The tender document for the above job can be seen on the web site **www.jktenders.gov.in** from **28-01-17 (16:00 hrs.)**
2. The tender documents can be downloaded from the above website from **28-01-2017 (1700hrs)** onwards.
3. Pre-Bid meeting shall be held in the conference hall of the **Principal, GMC Jammu** on **11-02-17 at 1400 hrs**
4. The bids shall be deposited in electronic format on website **www.jktenders.gov.in** from **12-02-2017 (1800 hrs) upto 28-02-2017 (1600hrs) only.**
5. The uploaded bids on the website will be opened on **02-03-2017 (1100hrs)** in conference hall, Principal Govt. Medical College Jammu in presence of bidders who wish to attend. In case of holiday on the date of opening of bid, bids will be opened on the next working day at the same time and venue.
6. Cost of tender document (in shape of DD) & earnest money (**in shape of CDR/FDR**) in original favouring **Member Secretary, Purchase Committee** Govt. Medical College & Associated Hospitals Jammu should reach in office of **Member Secretary Purchase Committee, Govt. Medical College Jammu** through speed post/Regd. Post/Courier before due time of submission of bids. Rate Contract Committee shall not be responsible for any delay due to any reason.
7. Original copy of affidavit on Rs.50/- stamp paper duly attested by **1<sup>st</sup> Class Magistrate** with the effect that:-
  - a. The documents/catalogues etc enclosed with the Tender are original & genuine and have not been tampered or fabricated.
  - b. The firm has not been blacklisted in the past by any Govt./ Private institution of the country and there is no vigilance/any other investigating agency or before any Court of Law, case pending against the firm/supplier.
  - c. If any thing found wrong at any stage, I will be personally responsible for the same.
8. Complete bidding process will be on line (Price bid not to be submitted in physical form)

**Sd/-**  
**Chairman**  
Purchase Committee  
Govt. Medical College & Associated Hospitals,  
Jammu

**No: GMC/PC/1328**

**Dated:- 25-01-2017**

Copy to the:-

1. Commissioner Secretary to Govt. Health & Medical Education Department, Civil Secretariat, Jammu for information
2. Principal, Government Medical College, Jammu for inf. and necessary action. This is as per your approval dated 18-01-2017 for floating of tenders.
3. Medical Superintendent, SSH/GMCH/SMGS/CD/Psy. Diseases Hospital / Accounts Officer Associated Hospitals Jammu for information and necessary action. This is as per the decision taken in the meeting approved by the Principal, & Dean, GMC Jammu for floating of tenders held in his office chambers on 18-01-2017.
4. Joint Director Information Department Jammu for publication of Tender Notice in at least two leading local papers with largest circulation. The cuttings may be sent to this office for confirmation.
5. Incharge Web Zone, GMC Jammu for information and with the request to place the tenders on website of GMC Jammu.

**Sd/-**  
**Member Secretary**  
**Purchase Committee Medical College**  
**& Associated Hospitals,**  
**Jammu**

## Instruction to bidders regarding e-tendering process:-

1. The interested bidder can download the NIT/bidding document from the website <http://jktenders.gov.in>
2. To participate in bidding process, bidders have to get (DSC) "Digital Signature Certificate" as per Information Technology Act-2000, to participate in online bidding. This certificate will be required for digitally signing the bid. Bidders can get above mentioned digital certificate from any NIC/Govt. approved vendors. The Bidders, who already possess valid (DSC) Digital Signature Certificates, need not to procure new Digital Signature Certificate.
3. The bidders have to submit their bids online in electronic format with Digital Signature. The bids cannot be uploaded without Digital Signature. No Proposal will be accepted in physical form.
4. Bids will be opened online as per time schedule mentioned in the NIT.
5. Before submission of online bids, bidders must ensure that scanned copies of all the necessary documents have been attached with bid.
6. The department will not be responsible for delay in online submission of bids whatsoever reasons may be
7. All the required information for bid must be filled and submitted online
8. Bidders should get ready with the scanned copies of cost of documents & EMD as specified in the tender documents The original instruments in respect of cost of documents, EMD and relevant documents be submitted to the Tender Inviting Authority by Registered post/courier as per time schedule specified.
9. The details of cost of documents, EMD specified in the tender documents should be the same, as submitted online (scanned copies) otherwise bid will not be accepted.
10. Bidders can contact the undersigned for any guidance for getting DSC or any other relevant details in respect of e-tendering process.
11. Bidders are advised to use "My Documents" area in their user on <http://jktenders.gov.in>, e-tendering portal to store important documents like Balance sheet, VAT Certificate, Sales Tax Clearance Certificate, IT certificate, and other related documents etc., and attach these certificates as Non Statutory documents while submitting their bids.
12. Bidders are advised not to make any change in BOQ (Bill of Quantities) contents or its name. In no case they should attempt to create similar BOQ manually. **The BOQ downloaded should be used for filling the rates inclusive of all taxes and it should be saved with the same as it contains.**
13. Bidders are advised to scan their documents at 100 DPI (Dots per Inch) resolutions with Black and White, PDF Scan properly.
14. The guidelines for submission of bid online can be downloaded from the website <http://jktenders.gov.in>

## INSTRUCTIONS FOR BIDDERS

1. The tenderer should be registered with Health and Medical Education Deptt.
2. Tenders to be submitted under two cover system:

### A) COVER 1st (Technical Cover) should contain:

1. Scanned copy of tender fees
2. Scanned copy of EMD.

#### **CDR/FDR Format:**

***Received from M/s...ABC...pledged to the Member Secretary, Rate Contract Committee, Govt. Medical College, Jammu***

3. Under Taking /Letter of Acceptance.
4. Scanned Copy of an affidavit on Rs.50/- stamp paper duly attested by **Ist Class Magistrate** with the effect that:-
  - i. The documents/catalogues etc enclosed with the Tender are genuine and have not been tampered or fabricated.
  - ii. The firm has not been blacklisted in the past by any Govt./ Private institution of the country and there is no vigilance/any other investigating agency or before any Court of Law, case pending against the firm/supplier.
  - iii. If anything found wrong at any stage, I will be personally responsible for the same.

#### **5. Scanned copies of below mentioned documents shall be loaded in "My Document" area for bidders:**

- a) Certificate of Registration with Labour Department.
- b) Certificate of Experience in form of completion certificates.
- c) Pan Card of the Tenderer / Agency/ Organization.
- d) Valid License from the Commissioner Food safety under Food Safety and Standards Authority of India (FSSAI) Act.
- e) Copy of separate Registration Certificate indicating TIN No. separately for VAT and Service Tax or single Registration certificate having TIN No. for both the services (VAT and Service Tax).
- f) PAN Based copies of ITR for the last three preceding years

**Original** of below Mentioned Documents have to be submitted with the office of the Member Secretary Purchase Committee Medical College & Associated Hospitals, Jammu

1. Tender Fee and EMD
2. Affidavit
3. Annexure "A", "B", "C"
4. Proof of experience supported by documents from the concerned organizations (minimum five years) of similar assignments undertaken in Govt. Sector with details.

**Absence of any one mentioned above may lead to rejection of tender outrightly.**

### B) COVER 2nd: (Financial Cover)

1. Rates submitted by the bidders in the BOQ.
2. Detailed description of Rates

Financial bids (Price bid) of only those tenderers shall be opened who qualifies in Technical specification Compliance Statement on the basis of Technical Evaluation report submitted by the experts of respective discipline.

## **OTHER TERMS & CONDITIONS OF THE CONTRACT.**

1. The tenderer should be registered to the Health and Medical Education Department, Jammu & Kashmir.
2. The approved contractor shall carefully examine the terms & conditions. In case of any doubts, he shall before signing the contract refer to the Officer-in-charge and get clarifications. After signing the documents no communications regarding change in terms & conditions shall be entertained.
3. The tenderer/ authorized representatives should point out to the Chairman Purchase committee on date of Pre Bid meeting only, embitterment if any. Thereafter the tenderer/ authorized representative will have no legal right to confer or to represent on one ground or the other. All the documents attached with the tender should be self attested by the authorized signatory of the firm with seal.
4. No conditional tender shall be accepted. In the interest of Administration the committee reserves right to accept or reject any tender/ quotation without assigning any reasons thereof.
5. The Successful tenderer are bound to stick on the rates once quoted by them and once approved by the purchase committee.
6. The Contract shall be approved for a period of Five Years from the date of issue of the contract, which can be extended, for a period up to 90 days or till new contract is finalized, under the circumstances beyond control and the proportionate payment of the extended period shall be deposited by the contractor as fixed by the authorities immediately within one week after the extension of contract is granted.

## **EARNEST MONEY**

All tenders should be accompanied with the Earnest money deposits in the shape of FDR/CDR for Rs.5.00 lacs from Nationalized Bank valid for five years pledged in the name of the Member Secretary Purchase Committee, GMC Jammu. Please note that the tender Number, its due date and complete address of the firms should also be written on the back side of the CDR/FDR so as to ensure its safe return to the unsuccessful tenderers as the case may be.

- a. EMD is refundable after the expiry of the validity of the tender.
- b. The EMD is liable to be forfeited if the tenderer withdraws or awards or impairs or derogate the bid in any manner.

The same shall be released in favour of the successful tenderer after the completion of the approved contract, only on production of "NO-OBJECTION CERTIFICATE" from the competent authorities. The Earnest Money Deposit of the unsuccessful tenderer shall be released within one month after the approval is issued.

7. The approved contractor shall have to deposit a security deposit in shape of CDR/FDR duly pledged for Rs. 20.00 lacs as performance security during the contractual period valid two months beyond the contractual period. The same shall be refunded after submission of NOC from the Medical Superintendent of the Associated Hospitals.

8. Rent of the premises allotted to the approved firm shall be Rs. 33700.00 per month and shall be enhanced by 20% every year.
9. Rates approved shall be enhanced by 10% every year.
10. Negligence on part of the approved contractors, in any shape shall lead to cancellation of contract without any notice, besides imposition of penalty which includes forfeiture of Earnest Money Deposits to be submitted alongwith tenders.
11. Penalty to the tune of Rs.5000.00 shall be imposed on the contractor if any misbehaviour, overcharging, unhygienic food/eatables are reported.
12. Repairs, if any, reported or desired by the Administration in and around the allotted premises shall be undertaken by the approved contractors without any charges. They will be responsible for replacement/repairs of the Cooking, electrical fittings, electrical gadgets including machinery & equipments during the currency of the contract. Proper hygiene of the kitchen, including tiles, diet trolleys etc. shall be maintained by the approved contractor.
13. A proper handing over/taking over of the inventory shall be done while allotment of the contract and also after completion of the contract.
14. Electricity Charges shall be borne by the approved contractor. For the purpose, they will install the electric meters and the charges at actual shall be deposited with the cashier of the College/Hospital as the case may be. Pilferage of electricity or non installation of Electric meters reported/found at any time shall invite a fine of Rs. 15000.00 every occasion. Readings shall be verified by the Medical Superintendent of the concerned hospital or his authorised representative and a log book shall also be maintained in this regard in every hospital. However water shall be provided by the College/ Hospital Authorities.
15. Medical Superintendents of the respective hospital shall constitute a committee for surprise checks of the Diet, being served to the admitted patients and give their feedback to the Principal, GMC Jammu through the Medical Superintendent.
16. Six (6) % of the total Bills raised by the Contractor shall have to be deposited towards Hospital Development Funds in the respective Hospitals every month. 1% escalation shall also be applicable every year.
17. The Purchase Committee will not be held responsible for any postal delay. Tenders not accompanied with the relevant latest documents and other requisite information at the time of submission of tenders is liable to be rejected at the appropriate level of the competent authority.
18. Non supply of Diet / Sudden stoppage of Diet will attract a penalty of Rs. 10,000/-

per day per meal. Besides termination of contract without any notice.

19. The tenderer/ party is required to furnish the following documents in the above sealed cover.
  - i) Profile of the applicant Party/ agency etc. along with Name of the Directors/ Partners/ Proprietier with infrastructure available.
  - ii) Previous experience (minimum five years) of similar assignments undertaken in Govt. Sector with details.
  - iii) Latest copies of latest VAT Clearance certificate and Service Tax Clearance valid at the time of opening of the tender by the sales tax authority under relevant sales tax act and the amendments and thereafter from time to time should be attached.
20. The Committee reserves itself the rights to accept or reject any tender or part thereof without assigning any reason and is not bound to accept the rates of lowest tendered part thereof to any other party.
21. The successful tenderer shall not in any case assign or sublet the approved contract any part thereof to any party.
22. The same person should sign all correspondence letter and documents who has signed the original tender. In case of change to this effect, an affidavit duly attested by the 1<sup>st</sup> Class Judicial Magistrate shall have to be sent in support of the change.
23. The approved contractor to the entire satisfaction of the concerned authorities shall maintain the Furniture and the furnishing in the Medical College Hospital Kitchen.
24. The institution shall not be responsible for any leakage, theft or loss to the Government property sustained in the Kitchen premises during the period of contract. The same, if occurs, shall be made good from the approved contractor.
25. The Utensils (ISI Standards) required for cooking and distribution of Diet the admitted patients "shall have to be maintained and procured by the approved contractor without any extra cost".
26. The cooks and bearers working in the kitchen or at the time of distribution of "Diet" as per Hospital requirement, to the admitted patients should be in proper uniform which shall be "BLUE CAPS WITH BLUE COAT AND PENT".
27. The "DIET" for indoor patients of all the Associated Hospitals of Medical College shall be prepared by the approved contractor in the Medical College Hospital Kitchen for distribution amongst the Indoor patients.
28. The successful tenderer shall be responsible to distribute "DIET" to the in-patients from "BED TO BED" basis as per requisition of the Hospital authorities at the scheduled timings so fixed. The staff engaged should wear proper Dress

alongwith polythene gloves while distributing Diet to the Patients for maintaining proper hygiene.

29. Experience certificate from the Govt./Semi. Govt./ Private institution/ Hospital of repute to run the Automatic/ Semi automatic Kitchen Plant for not less than five years is also required to be attached.
30. Service tax if applicable shall be charged under rules
31. Food and all other allied articles should be fresh and hygienically prepared and served through the staff identified from the purpose under the direct supervision of the Contractor/Manager.
32. The successful tenderer will ensure the distribution of bread slices as per requisition duly wrapped in proper wrappers.
33. It shall be the responsibility of the successful tenderer to keep the eatables clean and wholesome. All the eatables shall be subject to the check by the Hospital Administration.
34. The successful tenderer shall be bound to serve "Diet" to the patients, who do not exist in the requisition, on priority and personal request. Services should be provided at the schedule timings, on the approved rates, for which bill will be realized by the contractor themselves.
35. The approved contractor shall be liable to arrange for the supply of special Diet, if any, at a short notice as and when required by the Hospital authorities. The rates in this connection shall be lowest Market Rates.
36. The cooking arrangements and the maintenance of the kitchen is the sole responsibility of the approved contractor and will be supervised by the concerned authorities. In case of any default, found during the supervision and inspection, a penalty to the extent of Rs.5000.00 shall be imposed, for each such occasion.

#### **UNDERTAKING**

We do hereby agree to abide by all the conditions mentioned in the tender documents (All the pages of the documents have been signed by us in token of our acceptance of the "condition of the contractor" and are without any cutting/overwriting).

Signature of the Tenderer  
Seal and Address



**Annexure "A"**

( TO BE TYPED ON A LETTER HEAD OF THE TENDERER)  
TENDER FORM FOR PROVIDING DIET TO THE HOSITAL PATIENTS.

1. Name, address of Firm/Agency/Company: \_\_\_\_\_
2. Telephone No : \_\_\_\_\_
3. Registration No (with H&ME) : \_\_\_\_\_
4. Registration No (with Lab. Department) : \_\_\_\_\_
5. Name, Designation, Address of the signing person: \_\_\_\_\_  
\_\_\_\_\_

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6. PAN no. issued by Income Tax Department: \_\_\_\_\_
7. Valid License from the Commissioner Food safety under FSSAI Act. \_\_\_\_\_
8. Details of Bid Security/Earnest Money deposit: \_\_\_\_\_
  - i. Amount : \_\_\_\_\_
  - ii. Demand Drafft No : \_\_\_\_\_
  - iii. Date of issue : \_\_\_\_\_
  - iv. Name of issuing Bank : \_\_\_\_\_
9. Any other information: \_\_\_\_\_

**Declaration by the bidder**

This is to certify that I/we before signing this tender have read and fully understood all the terms and conditions contained herein and undertake myself/ourselves to abide by them.

(Signature of the bidder)

## **Annexure "B"**

( TO BE TYPED ON A LETTER HEAD OF THE TENDERER)  
UNDERTAKING/ LETTER OF ACCEPTANCE

Sir/ Madam,

- a. I/ we do agree for all clauses, terms and conditions of the tender documents.
- b. I / we agree to abide the contract for a period of **five years** to provide the services from the date of award of the contract which may be extended by the committee till new rate contract is finalized.
- c. I / we declare that no legal / financial irregularities involving the Proprietor/ Partner of the applicant (s) / firm are pending.
- d. I / we declare that our financial position is sound and we are competent to execute the contract.
- e. I/ we declare that we will not ask/ expect any financial assistance from the Govt. of Jammu & Kashmir State.
- f. I/we undertake that we will not stop the supply of Diet to any Hospital for whatsoever the reasons.

Signature with seal

**Annexure "C"**  
(TO BE TYPED ON A LETTER HEAD OF THE TENDERER)  
**UNDERTAKING**

The Principal,  
Govt. Medical College  
& Associated Hospitals,  
Jammu.

Subject: Tender for providing Diet to the Indoor Patients..

Madam,

1. I/We hereby agree to abide by all terms and conditions laid down in tender document.
2. This is to certify that/We before signing this bid have read and fully understood all the terms and conditions and instructions contained therein and undertake myself/ourselves abide by the said terms and conditions.
3. I/We abide by the provisions of Contract Labour Act and other statutory provisions and any other charges applicable from time to time. I/We will pay the wages to the personnel deployed as per laws in force as amended by the Government from time to time and shall be fully responsible for any violation.

( Signature of the Bidder)  
Name and address of the Bidder

### Annexure "D"

**Rates to be offered, inclusive of all taxes charges, (in electronic Form Only) for the items pertaining to Group Diet to the Indoor Patients**

S. No.	Name of the Item	Rates Offered
1.	Dal {Mung,Arhar (Whole), Mash, Massar,Dal Mixed, Green Peas,Channa Black & Rajmash} Cooked & Fried in 10 Grams fat containing 50 grams of uncooked raw Dal per plate (Any Dal Daily as per Menu	
2.	Rice (Rattna Basmati) per plate, cooked 150 grams /plate.	
3.	Vegetables cooked & fried per plate with gravy (Uncooked 75 grams) (Gourd, Pumpkin, Cauliflower, Cabbage, Brinjal, Peas, Spinach, Ladyfinger, Kol No. 1 (Karm), Turnip, Potato, Beans etc. (Any seasonal vegetable daily as per Menu) with 10 grams of cooking fat.	
4.	Soyabean (Nutri 50 grams uncooked) with Gravy containing 10 grams cooking fat.	
5.	Paneer (Fresh) Curry per plate containing 50 grams uncooked Paneer with 5 grams cooking fat.	
6.	Butter 10 grams, wrapped in Butter paper from Jammu Co-operative Milk Federation.	
7.	Bread Slice per piece including charges of wrapping of 4 slices.	
8.	Sugar 10 grams in Polythene bag, duly sealed.	
9.	Chapatti Wheat flour including charges of wrapping (in Silver paper) of 4/2 chapattis weighing 30 grams each Chapatti.	
10.	Handling charges per pack of milk ( 500ml and 1000ml) (if milk is provided by the Hospital authorities)	
11.	Egg hen boiled.	
12.	Paneer (Fresh) 25 grams to be served in a wrapped paper./	
13.	Tonned Milk ( ½ ltr pack ) Branded (Amul/Verka/Surya or any brand of repute)	
14.	Tonned Milk ( 1 ltr pack ) Branded (Amul/Verka/Surya or any brand of repute)	

**(An increase of 10% shall be allowed every year.)**

**(Taxes as applicable under rules shall be permitted)**

### **Revised Diet Schedule**

Diet Schedule effective in the Govt. Medical College Hospital Jammu effective from 05-04-03.

Milk & Bread Diet:-	I. Milk 1 Lt II. Eggs boiled 2 Nos. III. Bread Slice 8 Pcs	
<b>GENERAL DIET</b>		
	BREAK FAST	I. Milk 500 ml II. Eggs boiled 1 Nos. III. Bread Slice 4 Pcs
	LUNCH	I. Rice per plate containing 60 gms (uncooked rice ) II. Chappati 30 gms each 4 nos. III. Vegetables Cooked 1 Plate (uncooked 75 gms) IV. Dal 1 Plate uncooked 50 gms
	DINNER	I. Rice per plate containing 60 gms (uncooked rice ) II. Chappati 30 gms each 4 nos. III. Vegetables Cooked 1 Plate (uncooked 75 gms)/ Paneer Curry 1 Plate consisting of 50gms uncooked paneer IV. Dal 1 Plate uncooked 50 gms
0-6 Months		Milk = 1 Lt.
Six Months to two years		Milk = 1 Lt. Bread =2 Slices Egg =One
Two Years to Five Years		Milk Diet
	BREAK FAST	Milk = 500ml. Bread =2 Slices Egg =One (boiled)
	LUNCH	Rice = Half Plate Dal = Half Plate Vegetable = Half Plate Chapati =1 No.
	DINNER	Chapati =2 Nos. Dal = Half Plate Vegetable = Half Plate Rice = Half Plate
5 years to 14 years		Full Milk Bread Diet.
		Milk = 1Lt. Bread =8 Slices Egg =Two (boiled)
<b>OR</b>		
<b>ADULT DIET</b>		
Break Fast:		Milk = 500ml. Bread =4 Slices Egg =One (boiled)
<b>LUNCH</b>		I. Rice per plate containing 60 gms (uncooked rice ) II. Chappati 30 gms each 4 nos. III. Vegetables Cooked 1 Plate (uncooked 75 gms) IV. Dal 1 Plate uncooked 50 gms
DINNER		I. Rice per plate containing 60 gms (uncooked rice ) II. Chappati 30 gms each 4 nos. III. Vegetables Cooked 1 Plate (uncooked 75 gms)/ Paneer Curry 1 Plate consisting of 50gms uncooked paneer IV. Dal 1 Plate uncooked 50 gms

### DAILY MENU SCHEDULE OF THE DIET.

Day	Lunch	Dinner
Monday	Mung (whole)	1. Paneer Cury consisting of 50gms un-cooked Paneer in place of vegetable. 2. Mixed Dal
Tuesday	Mash (whole)	1. Soyabean (Nutri 50gm.Uncooked) with gravy in place of vegetable 2. Mung Dal (Whole)
Wednesday	Dal Mixed	Mung Dal ( Washed)
Thursday	Mung Dal (whole)	1. Paneer Cury consisting of 50gms uncooked Paneer 2. Dal Channa
Friday	Channa White	Masar (washed)
Saturday	Channa Black	Dal Mixed
Sunday	Rajmash	Mung (washed)

Note:-

1. Sugar 20gms with each 500ml of Milk.
2. One Extra Chappati would be provided to the patients for Psychiatric Diseases Hospital, Jammu both at Lunch and Dinner respectively.
3. The patients in Chest Diseases Hospital Jammu will be provided two eggs in breakfast instead of one.
4. For vegetarian patients twenty five grams of Paneer properly wrapped in a wrapping paper in place of one boiled egg at breakfast.
5. **Quality seasonal vegetable should be provided by rotation. One vegetable would not be cooked more than two times in a week out of the following vegetables:-**  
Gourd, Pumpkin, Cauliflower, Cabbage, Brinjal, Peas, Spinach, Lady Finger, Kol Noli (Karam), Turnip, Potato, Beans etc.
6. Extra Diet Items can be given only on the recommendations of the Head of the Unit concerned which are:-  
Egg boiled, Chapatti, Sugar, Bread Slice, Paneer

